MEADOWBANK **Church of Scotland**



www.meadowbank.church

Due to Covid restrictions we can no longer have services in the church on Sunday mornings but we are meeting on Zoom at 11am!



This week in our 11am Zoom Service we end our series on the theme of Christian Unity opening up to the unity of all people and all creation Let all creation rejoice before the Lord, for he comes, to judge the earth. **PSALM 98**

Reflections at the Quay BBC SCOTLAND TV



11.30am on 31st January 2021 Reflections at the Quay continues its mix of music and words for Sundays. The presenter is the Very Reverend Lorna Hood, and David Strachan interviews Sir Harry Burns, former Chief Medical Officer for Scotland. Music is by Jarlath Henderson. (Available on iPlayer soon after the broadcast)

CHRISTIAN UNITY

In week 1 we were invited to think about how we have a unity in Christ as individuals

In week 2 we were encouraged to think of the unity of all Christians—joined together in Christ

In week 3 we think of how we are united with all creatures and all creation through Christ

"The creation waits in eager expectation for the children of God to be revealed The creation itself will be liberated from its bondage to decay and brought into the freedom and glory of the children of God." (Romans 8:19-21)

The American country song comes to my mind

All God's critters got a place in the choir Some sing low, some sing higher Some sing out loud on the telephone wire And some just clap their hands, or paws or anything they got now



DRUG DEATHS IN SCOTLAND

This week we hear that the First Minister has apologised for the failings of her government since it came to office and announced new funding and a new approach to help those with drug addiction.

Over the page we see a good news story from **CROSSREACH** where a young man tells of how he was helped with addiction firstly by the Cyrenians and then by Cunningham House which offers safe and supportive hostel accommodation for homeless adults in Edinburgh. Cunningham House has 23 rooms, 20 for men and 3 for women. You are invited to pray for this vital work of The Church of Scotland.

With grace and peace in Jesus



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The sky's the limit



My story starts with coming to the end of my tether with a drug habit. Living on the streets for 14 years I found myself in the hospital, almost half dead, when I met a lovely organisation called **Cyrenians**. Later, following a full recovery, the **Cyrenians** worked with me closely and on becoming discharged tried their hardest to get me housed in a supported hostel.

Eventually, with an Arc Angel looking down on me, I finally received note that I have a place in **Cunningham House**.

Later, I got chatty with the staff, one in particular, who later became my key worker. This couldn't have worked out better.

Pray for Cunningham House in the Cowmarket, Edinburgh

- That residents would be able to have hope despite circumstances that can sometimes be desperate; may staff be able to offer perspective and clarity, in eh name of Jesus, when life seems overwhelming
- That the staff team would work well together and be able to challenge and support each other to continue to give genuine and loving care to the residents in the name of Jesus
- That residents who experience the breakup of relationships would be able to find the strength to work through

She, and all the staff at **Cunningham**, have helped me to the point where I really believe in myself. I set my goals high because this opportunity does not come round too often.

The support I have had is very special to me and will hold for the rest of my life, with some of the staff making me aware of the AA organisation; changed my life so much.

With the way I have moved forward with my life, in this small amount of time at **Cunningham**, thanks has to be given to the staff for all their support.

I now have goals in my life and support from friends and family which I could not have before. Now I can now reach out for help freely, speaking about my problems and not hiding away using drugs as a way of forgetting the past.

The only way is up from here. With further help from Cunningham and my family the sky's the limit.



- That those living with addictions would have assurance that there is a way forward and that they can lead strong, fulfilling lives
- That those who are living with mental health conditions will find the right support to address these and be able to sustain their recovery.
- That staff would retain good health and motivation even when discouragements and frustrations come along and would be able to build trusting relationships with residents
- That those residents who move on to a new home or stage of life will go with confidence and hope and be able to continue to achieve their goals