MEADOWBANK

Church of Scotland

UPDATE
4th February
2021





www.meadowbank.church

11am Meadowbank Zoom Service ask Russell for phone or internet link



This week we look at some of the stories of Jesus starting out on his 3 years of ministry

He came and took her by the hand and lifted her up (Mark 1: 31)



"Let the children come to me, and do not stop them, because the Kingdom of God belongs to such as these. I assure you that whoever does not receive the Kingdom of God like a child will never enter it."

Then he took the children in his arms, placed his hands on each of them, and blessed them.



Reflections at the Quay BBC SCOTLAND TV



11.30am on 7th February 2021

Reflections at the Quay offers a brilliant mix of words and music for Sundays.

The presenters are the Reverend Dr Doug Gay and Dr Roisin Coll, both from Glasgow University.

Music is by Tim Edey and Ross Ainslie.

(Available on iPlayer soon after the broadcast)

It is really good that the BBC have listened to many voices asking for the programme too be continued

Folks

CHILDREN'S MENTAL HEALTH WEEK 1-7 FEBRUARY 2021

This year it seems more important than ever for us to think about children's mental health. I know how many of our young people have really struggled fears and with limitations placed upon their lives.

The Church of Scotland, through CROSSREACH, always looks to pioneer the very best in all its support work and this is very much the case in the work at Sunflower Garden Counselling Services in Edinburgh Daisy Chain in Govanhill, Glasgow which supports parents with young children, The Mallard, a short breaks service in Glasgow for young people with disabilities and the Erskine Waterfront Campus.

There are a few stories from these brilliant places on page 2 along with the invitation to pray in support of this vital work offered in Christ's love.

With grace and peace in Jesus



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CROSSREACH

providing a caring future



Craig Miller, who coordinates counselling for **CrossReach** in the East of Scotland, says

"Since the lockdown Sunflower Garden

has delivered over 180 sessions to children and young people. It is less than in normal times, but at first we really doubted whether it might be possible to meet with any child or young person remotely at all. "Some of the children we work with are just 6 or 7 years old and our families are often extremely vulnerable and face enormous challenges that leave them living from moment to moment."

Sunflower Garden counsellors also reach out to parents and carers helping them work through difficulties, Mr Miller adds.

"As well as the direct therapy we offer to children and young people, Sunflower Garden supports the wider family system. We have made more than 100 support calls to parents and carers along with many more texts and emails that ensure we stay in contact during a very isolating time for many vulnerable families."

One family member - part of the programme told staff:

"I feel the phone calls and support have been very beneficial to me. It has made me feel valued. I know Sunflower is there to support my grandson but the support I have been given has been exceptional.

"Having someone from Sunflower Garden involved has been amazing and it is the only support I receive"

Pray for CROSSREACH with all its caring work in Scotland



At The Daisy Chain Early Years Project,

in Govanhill, Glasgow we use a whole range of activities to promote attachment between parent and child. We use play, literacy-based activities and creative arts, we can ensure these children are Safe, Healthy, Included, Nurtured and Engaged (SHINE)



The Mallard provides a safe, stimulating and homely environment where young people with disabilities can come fore a short break.



Our staff support them during their time here.

Our house is in Springburn, ten minutes from Glasgow city centre. Our young guests have their own ensuite bedroom, as well as access a large lounge/dining room, sensory room, spa and computer room. We also have a well-equipped outdoor space with sensory garden and summer house. Every part of the Mallard is wheelchair accessible.